



2nd Annual NCAIS Character & Ethics Summit
February 16, 2018 | Greensboro Day School
Agenda (tentative)

8:00am Registration & Continental Breakfast

8:30am Keynote: Jada Monica Drew

Pushing Beyond the Filtered Mind & Tainted Heart

Growth occurs as we are cognizant of the experiences we retain in our minds and hearts. Pushing beyond what we know involves more than just visualization or applying the latest trends in education. Intentional leadership, knowledge of self, and strong connections to each other can mean the difference between a successful school environment and a catastrophic failure. Practical problem solving in schools begins with the personnel, and each person’s passion for the students. We’ll dive into strategies for schools to transform by focusing on the personal growth of staff, faculty, and administrators.

9:45am Break

The breakout sessions fall into five categories, explained and color-coordinated below

<p>Self-Awareness: The ability to accurately recognize one’s own emotions, thoughts, and values and how they influence behavior. The ability to accurately assess one’s strengths and limitations, with a well-grounded sense of confidence, optimism, and a “growth mindset.”</p>	<p>Self-Management: The ability to successfully regulate one’s emotions, thoughts, and behaviors in different situations — effectively managing stress, controlling impulses and motivating oneself. The ability to set and work toward personal and academic goals.</p>	<p>Responsible Decision-Making: The ability to make constructive choices about personal behavior and social interactions based on ethical standards, safety concerns, and social norms. The realistic evaluation of consequences of various actions, and a consideration of the well-being of oneself and others.</p>	<p>Relationship Skills: The ability to establish and maintain healthy and rewarding relationships with diverse individuals and groups. The ability to communicate clearly, listen well, cooperate with others, resist inappropriate social pressure, negotiate conflict constructively, and seek and offer help when needed.</p>	<p>Social Awareness: The ability to take the perspective of and empathize with others, including those from diverse backgrounds and cultures. The ability to understand social and ethical norms for behavior and to recognize family, school, and community resources and supports.</p>
<p>Identifying emotions Accurate self-perception Recognizing strengths Self-confidence Self-efficacy</p>	<p>Impulse control Stress management Self-discipline Self-motivation Goal-setting Organizational skills</p>	<p>Identifying problems Analyzing situations Solving problems Evaluating Reflecting Ethical responsibility</p>	<p>Communication Social engagement Relationship-building Teamwork</p>	<p>Perspective-taking Empathy Appreciating diversity Respect for others</p>

Design Your Own Day

<p>10:00-10:50am</p> <p>Breakout Session I</p>	<p>Diversity, Equity, Belonging, & Dignity - An Approach to Developing Social Awareness</p> <p><i>During this session participants will be challenged to consider the context and culture in which they are helping children develop social awareness focused on the ability to take the perspective of and empathize with others.</i></p> <p>Reverend (Kahu) David Jackson, School Chaplain and Tom Franz, Head, Trinity Episcopal</p> <p>*All Ages</p>	<p>Developing More than Self-Esteem: Help your students gain self-awareness</p> <p><i>Class discussions and reflective exercises to help your students understand themselves.</i></p> <p>Kelly Sipe, Greensboro Day</p> <p>*Lower School</p>	<p>Naming Your Core Values: Moral Identity in Adolescence</p> <p><i>Learn to help adolescents find the language that will give shape to the content of their character.</i></p> <p>Tim Leet, Heart of Character and Columbus Academy</p> <p>*Middle and Upper School</p>
<p>11:00-11:50am</p> <p>Breakout Session II</p>	<p>Mindfulness: How mindfulness can support SEL</p> <p><i>Learn emotion recognition and management exercises to improve academic performance and pro-social behavior</i></p> <p>Kristen Tuman, Greensboro Day</p> <p>*All Ages</p>	<p>Bonus Session with Jada</p> <p>Jada Monica Drew, Keynote</p> <p>*All Ages</p>	<p>Discussion Group:</p> <p>Anxious to continue the conversation? This session is open for discussion and networking with an expert in the field.</p>
<p>12:00pm</p>	<p>Idea Exchange Select One:</p> <p>Integrating SEL/DEI into Advising Programs What is Working/Not Working in Your School</p>		
<p>12:30pm</p>	<p>Lunch</p>		
<p>1:15-2:00pm</p> <p>Breakout Session III</p>	<p>Restorative Practices: Repairing Relationships with students and Rebuilding Community</p> <p>Bridget Gwinnett, Greensboro Day</p> <p>*Middle and Upper School</p>	<p>The Narrative 4: Radical Empathy</p> <p><i>Using storytelling to encourage the development of empathy</i></p> <p>Babalwa Tetyana, GDS '18</p> <p>*All Ages</p>	<p>Difficult Decisions: Teaching the Difference Between Choices, Temptations, and Dilemmas</p> <p><i>Not all difficult decisions are difficult for the same reason. Learn to distinguish one type of decision from another and teach students strategies for confronting each one.</i></p> <p>Tim Leet, Heart of Character and Columbus Academy</p> <p>*Middle and Upper School</p>

<p>2:15-3:00pm</p> <p>Breakout Session IV</p>	<p>More Than Stress Management</p> <p>Help students learn to regulate emotions and manage words and behaviors that hurt.</p> <p>Brittney Lutzweiler, Greensboro Day</p> <p>*Lower School</p>	<p>Empowering Student Leadership in DEI Work</p> <p>How to equip and empower upper school student leaders in Diversity, Equity and Inclusivity work</p> <p>Jenna Gillfillan & Ayesha Swinton, Greensboro Day</p> <p>*Middle and Upper School</p>	<p>Discussion Group:</p> <p>Anxious to continue the conversation? This session is open for discussion and networking with an expert in the field</p>
<p>3:15pm</p>	<p>New Ideas, Networking, and Next Steps Anne Cass, Heart of Character</p>		
<p>3:45pm</p>	<p>Adjourn</p>		